BEEF EYE ROUND STK 5OZ CH

HF'S OUTSTANDING | 11 POUND

HF's Outstanding Beef Eye Round steaks are cut from USDA Choice grade beef, raised and processed in the USA, ensuring consistent quality. This steak is a cut of beef from the hindquarter. Because it has little fat, this steak tends to be cooked using dry heat methods like grilling or pan-frying to avoid becoming too tough. Each steak is individually vacuum packaged for optimal freshness and convenience.

PRODUCT BENEFITS
Fresh Cut Product of USA

ITEM ID
90075391080842

ALTERNATE ITEM
1031015

MANUFACTURER
Beaver Street Fisheries

NUTRITION & INGREDIENTS

Nutrition Facts

Servings per container	40
Serving size	4 Ounce112 Gram 4 oz (112g)
Amount per serving	
Calories	120
	% Daily Value*
Total Fat 3g	
Saturated Fat 1g	5%
Trans Trans Fat 0g	0%
Cholesterol 70mg	23%
Sodium 60mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Protein 26g	
Vitamin D 0mcg	0%
Calcium 15mg	0%
Iron 1.6mg	8%
Potassium 250mg	6%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENT STATEMENT

Beef.

ALLERGEN

Free from:Crustaceans and their derivatesFree from:Eggs and their derivatesFree from:Fish and their derivatesFree from:Milk and its derivatesFree from:Peanuts and their derivatesFree from:Sesame

OTHER INFO

PREPARATION INSTRUCTIONS

STORAGE INSTRUCTIONS
Keep refrigerated. Do not freeze.

USAGE INSTRUCTIONS
To prepare this steak cut, season or marinate to grill or pan fry to an internal temperature of 145 degrees F.

TEMPERATURE ACTIVITY CODE
Trade Item is being stored or handled.

MINIMUM TEMPERATURE
33 °F

MAXIMUM TEMPERATURE
38 °F