SWAI FILLET SKNLS BNLS 3-5 OZ IQF

SEA BEST | 15 POUND

Sea Best Swai Fillets are responsibly farm-raised and processed in a BAP Certified plant. Swai is a mild, lean fish that is popular for its palate-friendly flavor. The neutral taste of swai allows accompanying flavors to infuse the flaky meat, and it adapts to the seasoning and sauces it's cooked in. Each fillet is individually quick frozen for optimal freshness and convenience.

PRODUCT BENEFITS

Farm-Raised BAP Certified

ITEM ID

00075391007440

ALTERNATE ITEM #

6120535

MANUFACTURER

Beaver Street Fisheries Inc

NUTRITION & INGREDIENTS

Nutrition Facts

Servings per container	60
Serving size	112 Gram 4 OZ
Amount per serving	
Calories	120
	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0.5g	3%
Trans Trans Fat 0g	0%
Cholesterol 25mg	8%
Sodium 530mg	23%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Includes 0g Added Sugars	0%
Protein 14g	0%
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0mg	0%
Potassium 320mg	6%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENT STATEMENT

Swai, water, salt, sodium tripolyphosphate, potassium citrate, sodium citrate (to retain moisture).

ALLERGEN

Free from:Sesame Seeds and their derivatesFree from:Crustaceans and their derivatesFree from:Eggs and their derivatesContains:Fish and their derivatesFree from:Milk and its derivatesFree

ALLERGEN STATEMENT

CONTAINS:
Fish or Fish Derivatives
FREE FROM:
Eggs or Egg Derivatives, Milk or Milk Derivatives, Peanuts or Peanut Derivatives, Sesame seeds or Sesame seed Derivatives, Soybeans or Soybean Derivatives, Tree nuts or Tree nut Derivatives, Wheat or Wheat Derivatives

OTHER INFO

PREPARATION INSTRUCTIONS
Cook to an internal temperature of 145°F.

USAGE INSTRUCTIONS
Place under refrigeration for up to 24 hours until completely thatwed. Use immediately. This this fish is best prepared by baking, broiling or frying. Cook until an internal temperature of 145 F degrees is reached

STORAGE INSTRUCTIONS
Keep frozen. Do not refreeze.

COUNTRY OF ORIGIN
VIET NAM

ARRIVAL LIFESPAN (DAYS)
180

PRODUCTION LIFESPAN (DAYS)
730

TEMPERATURE ACTIVITY CODE
Trade Item is being stored or handled.

MINIMUM TEMPERATURE
-10 °F

MAXIMUM TEMPERATURE
0 °F