MAHI PORT SKNLS BNLS B/L OUT 4 OZ

SEA BEST | 10 POUND

Our Mahi Mahi Portions are skinless, boneless, and wild caught with the bloodline removed for a milder flavor. Mahi Mahi has a mild, sweet flavor and firmness that makes this fish especially satisfying, and simple to cook. The firm texture makes it great for grilling, and is a popular choice for making kebabs. Each portion is individually vacuum packed for optimal freshness and convenience.

PRODUCT BENEFITS

Wild Caught Skinless and Boneless Bloodline Removed

ITEM ID

00075391004548

ALTERNATE ITEM #

6217236

MANUFACTURER

Beaver Street Fisheries Inc

NUTRITION & INGREDIENTS

Nutrition Facts

Servings per container	40
Serving size	112 Gram
Amount per serving	
Calories	**90**
	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Trans Fat 0g	0%
Cholesterol 80mg	27%
Sodium 100mg	4%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Includes 0g Added Sugars	0%
Protein 21g	0%
Vitamin D 0mcg	0%
Calcium 26mg	2%
Iron 1mg	6%
Potassium 470mg	10%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENT STATEMENT

Mahi Mahi

ALLERGEN

Free from:Sesame Seeds and their derivatesFree from:Crustaceans and their derivatesFree from:Eggs and their derivatesContains:Fish and their derivatesFree from:Milk and its derivatesFree

ALLERGEN STATEMENT

CONTAINS:
Fish or Fish Derivatives

FREE FROM:
Eggs or Egg Derivatives, Milk or Milk Derivatives, Peanuts or Peanut Derivatives, Sesame seeds or Sesame seed Derivatives, Soybeans or Soybean Derivatives, Tree nuts or Tree nut Derivatives, Wheat or

OTHER INFO

PREPARATION INSTRUCTIONS
Cook to an internal temperature of 145°F.

USAGE INSTRUCTIONS
To thaw, remove from packaging and place under refrigeration for up to 24 hours. Prepare immediately. Mahi Mahi is best prepared by baking, broiling, frying, grilling, or pan-searing to an internal temperature of 145 degrees F.

TEMPERATURE ACTIVITY CODE
Trade Item is being stored or handled.

MINIMUM TEMPERATURE
-10 °F

MAXIMUM TEMPERATURE
0 °F

STORAGE INSTRUCTIONS
Keep frozen. Do not refreeze.

COUNTRY OF ORIGIN
ECUADOR
INDONESIA

ARRIVAL LIFESPAN (DAYS)
180

PRODUCTION LIFESPAN (DAYS)
730