FROG LEG 2-4 SADDLE OFF

SEA BEST | 5 POUND

Sea Best frog legs are farm-raised, skinless, bone-in, cleaned with saddle off, and ready to prepare. Frog legs are one of the better-known delicacies of French cuisine, and are often compared to chicken. Frog legs are naturally low in fat and an excellent source of protein. The frog legs are individually quick frozen and poly bagged for optimal freshness and convenience.

PRODUCT BENEFITS

Farm-Raised Saddle-Off

ITEM ID

00075391952900

ALTERNATE ITEM #

6401005

MANUFACTURER

Beaver Street Fisheries Inc.

NUTRITION & INGREDIENTS

Nutrition Facts

Servings per container	100
Serving size	112 Gram 1-2 Pieces
Amount per serving	
Calories	80
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Trans Fat 0g	0%
Cholesterol 55mg	18%
Sodium 65mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Includes 0g Added Sugars	0%
Protein 18g	0%
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1.7mg	10%
Potassium 320mg	6%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENT STATEMENT

Frog legs.

ALLERGEN

Free from:Eggs and their derivatesFree from:Milk and its derivatesFree from:Peanuts and their derivatesFree from:Sesame Seeds and their derivatesFree from:Soybean and its DerivativesFree from:Tree nuts

ALLERGEN STATEMENT

FREE FROM:
Eggs or Egg Derivatives, Milk or Milk Derivatives, Peanuts or Peanut Derivatives, Sesame seeds or Sesame seed Derivatives, Soybeans or Soybean Derivatives, Tree nuts or Tree nut Derivatives, Wheat or Wheat Derivatives
MAY CONTAIN:
Crustaceans or Crustacean Derivatives, Fish or Fish

OTHER INFO

PREPARATION INSTRUCTIONS
Cook to an internal temperature of 165°F.

USAGE INSTRUCTIONS
Place frog legs in a bowl of cool water until completely thawed or place in refrigerator for 24 hours until thawed. These are best prepared by breading and frying or pan searing. Cook until an internal temperature of 145 degrees F has been reached.

TEMPERATURE ACTIVITY CODE
Trade Item is being stored or handled.

MINIMUM TEMPERATURE
-10 °F

MAXIMUM TEMPERATURE
0 °F

STORAGE INSTRUCTIONS
Keep frozen. Do not refreeze.

COUNTRY OF ORIGIN
CHINA
VIET NAM

ARRIVAL LIFESPAN (DAYS)
180

PRODUCTION LIFESPAN (DAYS)
730