REDFISH 6/8 OUNCE FILLET SKINLESS BONELESS

SEA BEST | 10 POUND

Our Sea Best redfish has a mild, sweet flavor, and a firm, moist flesh with a texture that is similar to snapper.

PRODUCT BENEFITS

ITEM ID
00075391027431

ALTERNATE ITEM #
6217630

MANUFACTURER
Beaver Street Fisheries Inc.

NUTRITION & INGREDIENTS

Nutrition Facts	
Servings per container	40
Serving size	112 Gram 4 oz
Amount per serving	
Calories	130
Calories from Fat 45	
	% Daily Value*
Total Fat 5g	6%
Saturated Fat 1g	6%
Trans Trans Fat 0g	0%
Monounsaturated Fat 0g	0%
Polyunsaturated Fat 0g	
Cholesterol 95mg	30%
Sodium 65mg	2%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 19g	40%
Vitamin D 0mcg	0%
Calcium 65mg	6%
Iron 1mg	6%
Potassium 310mg	6%
Vitamin A 0	0%
Vitamin C 0	0%
Vitamin E 0	0%

INGREDIENT STATEMENT

Redfish, carbon monoxide (to retain natural color)

ALLERGEN

Free from:Sesame Seeds and their derivatesFree from:Crustaceans and their derivatesFree from:Eggs and their derivatesContains:Fish and their derivatesFree from:Milk and its derivatesFree

OTHER INFO

PREPARATION INSTRUCTIONS
To avoid foodborne illness, it is necessary to cook seafood to an internal temperature of 145°F for 15

STORAGE INSTRUCTIONS
Keep frozen. Do not refreeze.

USAGE INSTRUCTIONS

TEMPERATURE ACTIVITY CODE
Trade Item is being stored or handled.

MINIMUM TEMPERATURE
-10 °F

MAXIMUM TEMPERATURE
0 °F